



# CRAPAUD H3 REPORT

<b>Run No.:</b>	1852
<b>Date:</b>	13/07/25
<b>Hare(s):</b>	Twin Peaks

Green Island was the venue for this week's run chosen once again by Smuggler, our live hare. Although Smuggler like so many of us no longer runs he was able to take on the role of live hare by cycling parts of the course and being at important junctions enroute to direct the runners. Mind you whether the runners believed in his directions is debatable as I'm told that occasionally his advice was disregarded. What is the world coming too?

Please see the first photo for the actually route which took the runners through fields, up hills, past dolmens and towers and back, as you'd expect, to where they first started.

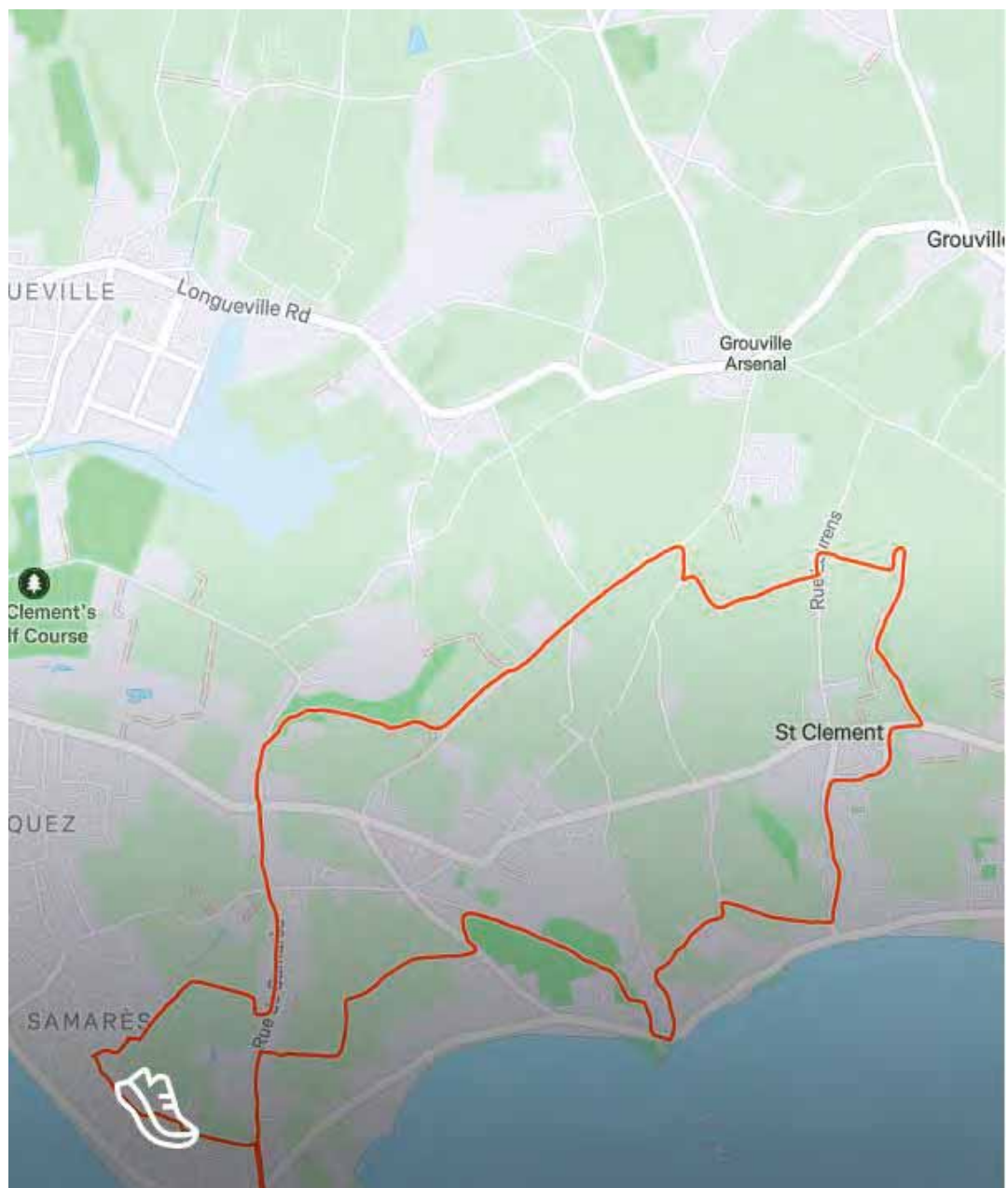
Meanwhile the walkers amongst us also had our own live hare in the guise of Nil By Mouth. We initially headed up Samares Lane but soon turned into a field and then into what was Le Squez estate. Fortunately it wasn't long before we were walking back along the beach to Green Island having cut the walk short because of the extremely high heat. Most of us then took advantage of the sea in an effort to cool down and those that didn't soon took shelter from the sun on Smuggler's and Nil By Mouth's terrace which was where the On Downs were taking place. Once again our hosts provided us with great hospitality, excellent food and a fabulous venue appreciated by all.

A welcome return this week to Walkies after her recent accident and to returning hashers, Mark and Elaine (Ice slips ??).

Down downs were awarded to Chickpea for completing her 250<sup>th</sup> Park Run the previous day and also to Muff Diver who's photograph of sporting prowess from many, many moons ago recently appeared in the JEP. To Capt Poocock for reaching the ripe old age 70 and to our excellent joint hares Smuggler and Nil By Mouth.

On On

Twin Peaks



## Lunch Run

Distance

**4.82 mi**

Time

**1h 7m**

Pace

**13:54 /mi**

**STRAVA**











































