



# CRAPAUD H3 REPORT

Run No:	1897	Date:	24 <sup>th</sup> May 2026
Hare(s):	Twin Peaks	Scribe:	Tinky Winky

## North Coast Magic

**We went Alfresco this Sunday**, with Twin Peaks our Hare setting a run starting from Les Platons car park. The North Cost looked absolutely magical in the **glorious Summer Sunshine**. At the start Twin Peaks gave us her **“B-word” warnings** – watch out for **Brambles & Bracken** (although I can’t figure out why she regards “bracken” as being dangerous?), before advising the Trail was marked in Chalk & Sawdust. Something even **More Magical** happened, with Steptoe’s Strava recording the Runner’s Trail was routed through the deep sea! How Twin Peaks managed to mark the Trail beats me – **maybe she used buoys?** And did the **Runner’s Strip-Off** before venturing into the briny?

**The Trail was well-marked** & very pleasant it proved to be, going along the North Coast footpath over the heights (Molehill’s charged up a very steep rocky bank) and down into the dappled shade of tree copses (where the Runner’s rested), before turning back south around Égypte’s quiet lanes & by-roads. The Walker’s generally followed at a slower pace. **What could be more perfect**, enjoying the beautiful scenery of our North Coast on a lovely sunny Sunday.

**Otherwise, the Trail was uneventful** but very enjoyable. Ere long we all arrived back at Les Platons car park where we **enjoyed delicious Bacon Butties**. The sunshine was quite strong, several Hashers though ahead having brought as well as deck chairs various kinds of **Umbrella’s & Parasol’s** which they **Grimly Gripped** to stop them failing over – the Umbrella’s & Parasol’s that is, not the Hasher’s! Doc Hima made his usual early Summer appearance, **offering free Jersey Royal’s to the Pack** from the 9 bags his car was laden down with. **With the Grogg’s being on Tour** Steptoe stepped-in as GM, advising next Saturday is Jersey Park-Run’s 500<sup>th</sup> outing next Saturday and any volunteer Marshalls’ would be appreciated; and next Sunday’s Run is from Pembroke Pub. **Bagsofit confessed** he is next Sunday’s Hare – saying *“I nearly forgot!”* Finally Twin Peaks was congratulated for laying a lovely Trail and even better arranging the **delicious Bacon Butties!** She polished off her Down-Down with aplomb ..... **On On, Tinks**

## Quick Hashing Joke

The doctor seeing an 80-year old woman for most of her life had retired. At her next check-up, the new doctor asked her to bring a list of all the medicines prescribed for her. As the doctor was looking through these, his eyes grew wide realising she had a prescription for birth control pills. *“Mrs Smith, do you realise these are BIRTH CONTROL pills?”* *“Yes, they help me sleep at night”.* *“Mrs Smith, I assure you there is absolutely NOTHING in these that could possibly help you sleep!”* She reached out and patted the young Doctor’s knee. *“Yes, dear, I know that. But every morning, I grind one up and mix into glass of orange juice my 16 year old granddaughter drinks..... and believe me, it helps me sleep at night.”*



***How many sticks do you need? (Tinks)***



***Which Stick do you Want?? (Tinks)***



***Poocock & his Harem!! (Tinks)***



***Looks like he had a Rough Night! (Tinks)***



***Open to any Offers! (Tinks)***



***The Glorious North Coast! (Tinks)***



***Runners Halt! (Steptoe)***



***Maybe it's Thata Way? (Steptoe)***



***Bagsofit Checking out the Trail (Steptoe)***



*Hare had been Told! Did we Obey? (Steptoe)*



*Cooling off in the Glade (Steptoe)*



***Magnificent Foxgloves! (Tinks)***



***Molehill on the March! (Tinks)***



***Trail was Well-Marked (Tinks)***



***Wendolene Going All-Out!! (Steptoe)***



***Emerging from the Undergrowth! (Steptoe)***



***The Walker's! (Anon Volunteer)***



*A Few of the Runner's! (Steptoe)*



*Please Wave at Me! And Wave at my Tortoise! (Steptoe)*

## The Down-Down's



***Hooker Gripping her Brolly! (Tinks)***



***Taxi Gripping another Brolly! (Tinks)***



***Twin Peaks More Brolly Gripping! (Tinks)***



***Bugger the Brolly Gripping! (Tinks)***



***Molehill's Tucking In! (Tinks)***



***Doc Hima with his Royal Spuds! (Tinks)***



***Hare's Down-Down Action Shots! (Tinks)***





*The False Trail by Steptoe's Strava – Did Runner's Swim?? (Steptoe)*



*The Actual Trail by Steptoe's Strava (Steptoe)*