



# CRAPAUD H3 REPORT

<b>Run No.:</b>	1899
<b>Date:</b>	07/06/26
<b>Hare(s):</b>	ET

Well, what with multiple diversions due to road works and not insignificant traffic delays because of the car rally it was a relief to see a good many hashers emerge from the country lanes to meet at the Union Inn, the venue for this week's run. Rumour has it though that a few hashers had to resort to SatNav to find their way there.....

After the usual preamble the GM called the hash to order and instructions were given by our hare ET to the eager runners. Follow the trail, stick to the edge, be mindful of the cows and lookout for the sawdust and chalk markings. Once the pack had left ET took charge of the Walkers and we set off in the same general direction. Our route took us through Woodlands Farm and down towards Fern Valley but luckily for us we missed out the loop through the woods which the runners took. It was at the bottom of Fern Valley where the two groups crossed paths and also where it dawned on us that what comes down must go up and so started the long process of tackling what must be one of the steepest hills in the island.

I'm pleased to say we all survived the ordeal only to be directed once again to the valley floor only this time it was Vallée des Vaux. Apart from Molehills who has special dispensation to do the odd shortcut, we all tackled this challenge although I have to admit some of more mature walkers took a slightly easier route by sticking to the road for the descent rather than use the woodland paths. In my defence, as one of the guilty party, I can only say it was definitely age related caution rather than laziness! Once we'd escaped from Vallée des Vaux the trail wasn't done with us yet and led us into Bellozane and our third valley of the day. From here it was obviously up, Up and UP towards Mont a L'Abbe and back to the Union pub for the On Downs.

Congratulations to our hare ET and her very able assistant Wendolene for what was a really lovely hash trail, through some beautiful countryside and enjoyed by runners and walkers alike. Thanks to the Union Inn for providing us with great sausage and chips too.

On downs were awarded to the GM and Walkies for having birthdays this week, to Ballcock for having matching running kit minus the Crapaud logo – and to our hare ET for an excellent trail.

On On

Twin Peaks

rsey

Sion

JERSEY



**STRAVA**

Grande Route de St. Jean

## Morning Run

Distance

**4.21 mi**

Time

**58m 59s**

Elev Gain

**615 ft**

First Tower



























